

Curriculum Vitae

Full Name: Dr. Naresh Kumar Buttan

Date of Birth: 10th March 1969

Nationality: British

Company: Tenacity Consulting Service Ltd.

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College No.: 814160

GMC Reg.: 6131208 (Full & specialist registration)
Active License to Practice, (revalidated for 5 yrs in Aug'18)

Medical Indemnity: Medical Defense Union (including medico legal work).

Private Clinics: **Harley Therapy Ltd. (by appointments only)**
10-12 Harley Street, London W1G 9QD, Ph: 0845 474 1724

Nuffield Health Plymouth Hospital (by appointments only)
Derriford Road, Plymouth, PL6 8BG, Ph: 01752 761 822

Qualifications:

Undergraduate:

- 1. Bachelor of Medicine & Bachelor of Surgery (M.B.B.S.)**
Goa University, Goa, India **May 1993**
- 2. Post Graduate Diploma in Public Health (D.P.H.)**
Goa University, Goa, India **July 1996**
- 3. Post Graduate Diploma in Psychiatry (D.P.M.)**
National Institute of Mental Health And Neuro Sciences (NIMHANS)
Bangalore, India **August 1998**
- 4. Certificate of Completion of Specialist Training (C.C.S.T.)**
STA of Royal College of Psychiatrists, UK **June 2005**

Others :

Section 12 (2) Approved Clinician
NHS SW SHA, UK **October 2008**
(renewed for 5 yrs in 2013 and 2018)

Work History

A). Current Post:

Consultant Psychiatrist, Livewell Southwest- Substantive FT, since May'15

I am responsible for the assessment and treatment of all patients under my care in East CMHT. I conduct and lead weekly MDT meetings at the team base for my patients in community. I undertake MHA assessments during working and on-call times. I participate in the Consultant **on-call duty** rota (currently 1 in 13). I take an active part in **administration and management** of services. I am an active member of various committees in our organization & occasionally chair various clinical governance meetings as required. Since Aug'13, joined LNC branch of BMA to protect & promote doctors' rights in my organization. I have an active interest in **research/ audits** and supervised trainees involved in research/ audits including recent SSUs.

I participate in **Continuing Professional Development** as approved by the Royal College of Psychiatrists (RCPsych). I've also joined Special Interest Groups on Transcultural Psychiatry and Spirituality & Mental Health. I'm also an active member of **Peer Review Group** which meets monthly. I play an active part in **psychiatric teaching** for the district. I have delivered lectures at local MRCPsych Corse on various clinical topics.

My regular undergraduate psychiatry teaching roles include:

Hon' Fellowship of University of Plymouth since 2009.

Regular teaching sessions in the form of plenaries/ tutorials & SSLs to medical & dental schools since 2009.

Academic Tutor, Peninsula Medical School: for years 3 & 4 medical students from Peninsula Medical School, since 2011.

ISCE Examiner, Peninsula Medical School: as an examiner in Integrated Structured Clinical Examinations (ISCEs) for 2nd & 4th year MBBS Students in PMS since 2011.

Interviewer for selection of Medical & Dental Students: doing this role since 2009 with Peninsula College of Medicine & Dentistry.

SSU Provider- 'Mental Health Law', since 2013 to 3rd & 4th year medical students.

Additional roles:

- 1) **Training Programme Director, HEE SW Peninsula PGME:** Currently for Higher Training Programme in GA/OA Psychiatry since Jan'17, previously for Core Psychiatry Training Programme between Jan'13- Dec'16. I attend quarterly Psychiatry School Board Meetings with Local Education Providers to address issues relating to provision of training for junior doctors and addressing any concerns in this regards. I also attend quarterly Training Education Committee (TEC) meetings to approve new trainers and training posts and address any concerns in relation to training issues. I chair Annual Review of Competence Progression (ARCPs) and Quality Panels for my speciality training programmes. I helped the Psychiatry School to streamline ARCP processes.

Previous additional roles:

- 1) **Psychiatry Lead for Peninsula Medical School (Sept'12- July'18):** I coordinated, supervised and organized Psychiatry Clinical Placement for 3rd/4th year medical students studying in Peninsula Medical School. I also organized annual training updates for my psychiatry department via medical school to ensure. I attended monthly Clinical Teacher Meetings & quarterly Medical School Management Meetings to ensure timely liaison & communications with medical school. I oversaw the budget allocation of teaching activities in my department from medical school.
- 2) **LNC Chair (Oct'14- July'18):** leading various activities of BMA trade union work in relation protecting terms and conditions of employed doctors in my organization. I chaired and led the Quarterly Joint LNC meetings with Medical Director and Livewell Management to address any concerns in relation to working of doctors under national contracts and to streamline processing of various policies affecting medical workforce. I wrote Job Planning Policy for Consultants and SAS Drs in collaboration with Medical Director to ensure proper processes being followed in job planning.
- 3) **Medical Appraiser (April'14- March'18):** I conducted annual appraisal for consultants and speciality doctors in my organization under revalidation guidance of GMC. I also attended the quarterly meetings with Responsible Officer, Appraiser lead, other medical appraisers and HR Medical Staffing managers to ensure adequate operational and organizational support frameworks being put in place to support doctors achieving successful appraisals and revalidations.

Additional External Roles:

- 1) **External Adviser, RCPsych:** Since June 2011, I've been trained as an External Adviser to support the deaneries conducting ARCPs or Triggered visits.
- 2) **College Assessor, RCPsych:** Since Nov'2012 I've been accredited as a College Assessor to sit in Appointment Advisory Committee (AAC) for selection of Consultants/SAS Drs.
- 3) **IMG Lead at School of Psychiatry:** developed this role recently to support International Medical Graduates joining in Psychiatry training programmes across HE SW Peninsula PGME.

B). Previous Posts:

1. **Consultant Psychiatrist- Home Treatment Team (HTT), Plymouth Community Healthcare CIC- Substantive FT (Feb'08- April'15)-** I was responsible for the assessment and treatment of all patients admitted under my care in to the Inpatient Unit/ Home Treatment Team. I conducted and led weekly MDT meetings each at ward for my inpatients and at HTT for my patients in the community under my care. I undertook MHA assessments & provided written report and give evidence for MHRTs and Hospital Manager's Meetings organized for detained patients.

I conducted Section 117 aftercare meetings and other patient review meetings as necessary under **Clinical Governance** to ensure a smooth transfer of care between the various teams within the service. I was also a nominated Consultant for Scrutinizing Medical Recommendation forms of detained patients under MH Act locally.

2. Staff Specialist & Clinical Director, Tablelands Cluster (Oct'05 – Dec'07)-

Hunter New England Mental Health Services, HQ-Newcastle, NSW, Australia- In addition to my routine clinical work, I took keen interest in developing and organizing services. I was instrumental in setting up Mental Health Services for local Aboriginal population. It was a challenging task as mainstream health services had been unsuccessful in reaching this deprived group in the community. I also acted as Deputy Medical Superintendent for 3 inpatient units. I was a Non-College Supervisor for RANZCP trainees from Oct'05 to Dec'07 and attended various peer review groups and refresher courses related to this aspect.

3. Senior Registrar/CMO-HNEMHS, Newcastle, NSW-Australia (Aug'04 – Oct'05)

Achievements: My interests in health management and administration enabled me to function in Medical Administration (0.40 FTE) under supervision. Few of my achievements over that one-year were:

- ✓ I played an instrumental role in planning, implementation and ongoing evaluation of "Electronic Discharge Referral System (EDRS)"- software developed to replace old hand written discharge summaries/referrals of patients.
- ✓ I was actively involved in planning, delivering and monitoring Junior Medical Officers' (JMOs) Training and Education programme in Hunter New England Mental Health Services.
- ✓ Also being in Medical Administration, I was directly involved in Post Graduate Medical Council's visit for Accreditation of James Fletcher Hospital for JMOs Training and Education Centre.

4. Consultant Psychiatrist & Deputy Medical Superintendent (DMS), VIMHANS, New Delhi, India (Oct'01- July'04)

Achievements: In addition to my routine clinical responsibilities, I coordinated the following activities carried out by the department and the institute:

- Co- convened 3 consecutive "Annual Orientation Courses in Clinical Psychiatry and Allied Behavioural Sciences for Family Physicians", accredited by Delhi Medical Council (DMC), from 2002 to 2004. Co-authored a Manual on "Common Psychiatric Problems in General Practice" for use by GPs as ready reference.
- I was the Co- Convener of "Community Mental Health Forum" conducting monthly clinical case meetings) with the GPs (accredited as CPD by Delhi Medical Council).
- I played an instrumental role in planning and implementing "Expressions"- a School Based project on holistic health of children and adolescents for two consecutive years from 2002-2004. Presented a paper (oral) on 'School Mental Health Project' at a national conference in Nov'03.
- Co-investigator in 3 (2 international & 1 national) pharmaceutical drug trials and received the training as Rater (for monitoring patients' progress) held in Paris (2005) & Frankfurt (2007) by reputed Clinical Research Organizations (CROs).

- **Electronic Media:** regularly associated with various national & local TV channels in their various health awareness activities.
- **Print Media:** I was also associated with national & local print media as I often wrote for national & local **papers** and magazines in English & local vernacular language on mental health related topics. Wrote an **article on “Substance Abuse”** for a Special Edition on Mental Health in Journal of Family Medicine published by Indian Medical Association in Jan’05.

Professional Memberships:

- 1) British Medical Association (BMA), UK
- 2) RCPsych, UK- Specialist Associate Member & Member of Transcultural Psychiatry, Philosophy & Psychiatry Special Interest Groups
- 3) World Association of Cross Cultural Psychiatry (WACP)
- 4) British Indo Psychiatric Association (BIPA), UK
- 5) British Association of Physicians of Indian Origin (BAPIO), UK
- 6) Faculty of Medical Leadership & Management (FMLM), UK
- 7) Life Member of Indian Psychiatry Society (IPS), India
- 8) National Association of Clinical Tutors (NACT), UK
- 9) Member, Expert Witness Institute (EWI), UK
- 10) Member, National Expert Witness Agency (NEWA), UK
- 11) Member, Faculty of Expert Witness (FEW)
- 12) Member, British Association of Psychopharmacology (BAP), UK

Medicolegal Work Experience:

Since becoming a consultant psychiatrist in India in 2001, I’ve developed my skills in this area by writing reports & occasionally presenting as a witness for various panels:

A India & Australia

1. Board of Visitors in India
2. Tribunal Panels in Australia
3. Magistrate & Crown Courts in Australia

B U.K.

1. Hospital Managers/ First Tier Tribunal Hearing Panels for detained patients under the MH Act.
2. Coroner’s Court Hearings.
3. Magistrate & Crown Court Reports.
4. Reports for statutory agencies such as:
 - a) Plymouth City Council- for Guardianship, Financial receivership orders, Child Protection & Vulnerable Adults

- b) DWP for financial support applications
 - c) DVLA reports
 - d) Home Office- supervised reports written by my higher trainee for Asylum/ Immigration control cases.
6. Provided psychiatric reports on the work capabilities of employees of companies.
 7. Migrant Legal Project (MLP)- Cardiff/Bristol/ Plymouth: assessed and provided reports for Asylum Seeker and Refugee clients of MLP, Cardiff/ Bristol/ Plymouth for their tribunal hearings including appeals. High success rates achieved with psychiatric reporting.
 8. Legal firms: I've provided medico-legal expert psychiatric reports for few legal firms for their clients with immigration matters
 9. Civil cases: recently provided a psychiatric report for a law firm based in Bristol for their client seeking justice against police action.

I update my knowledge & skills by attending various courses including my special interest area of Transcultural Psychiatry.

Training for Medico legal Work:

I attended the Medico Legal Training Courses:

1. By RCPsych, London in Sept'16
2. By Expert Witness Institute in Feb'18
3. I have been a member of peer group of psychiatrists doing Medico legal work.

Special Interest:

I'm a member of Transcultural psychiatry Special Interest Group in RCPsych & in World Association of Cultural Psychiatry. Having trained & worked in various parts of the world, I have enriched my experience in working with people from diverse ethnic-cultural background. While working in Australia, I liaised closely with people from Aboriginal & Torres Strait Island (ATSI) background to develop mental health services as per their unique needs. I also have special interest in Philosophy & Psychiatry & working knowledge of various faiths/ religions which can be useful in my area of special interest. I've attended various workshops/ conferences & read to update my knowledge. I've interacted closely with Plymouth Centre of Faiths & Cultural Diversity (PCFCD) as my wife has provided regular teaching sessions in Hinduism at various primary schools in Plymouth as needed. I've also interacted with Police Diversity liaison officer often being an active member of Plymouth South Asian Society raising awareness of Asian culture & promoting community tolerance & cohesion.

Languages:

Language	Understand	Speak	Read	Write
1. English	√	√	√	√
2. Hindi	√	√	√	√
3. Punjabi	√	√	---	---
4. Urdu	√	√	---	---

Approved by medical/ health Insurers:

1. BUPA
2. AXA PPP
3. AVIVA
4. CIGNA
5. WPA
6. CS Healthcare
7. Exeter Family Friendly

References provided on request.