

CURRICULUM VITAE

Dr Nicholas Leonard PADFIELD FRCA FFPMRCA

PRESENT POSITION

Consultant in Pain Medicine and Anaesthesia Guy's and St Thomas' NHS Trust, St Thomas' Hospital, Lambeth Palace Road, London SE1 7EH – 1996 to date.

PREVIOUS POSTS

Consultant Brook General Hospital and Greenwich District Hospital from 1988 to 1996. This was a hybrid post in a district general hospital, which contained two regional specialist units; neurosurgery and cardiac surgery. Referrals from these started my interest in Neuromodulation some twenty years ago. However I was working as a single handed practitioner in a district general hospital and am thus aware of the support levels in such circumstances and the frustration that goes with the lack of support and resources.

EXPERIENCE ABROAD

I did an exchange rotation as a registrar in Sydney, Australia, and have worked as a locum in the Netherlands. I have taught as a consultant in France and Italy as I have fluency in both those languages.

CLINICAL ACTIVITY

The Pain Management Unit at St Thomas' Hospital provides a multidisciplinary approach to the management of pain. Our unit comprises of medical consultants, pain fellows and anaesthetic trainees, clinical nurse specialists, occupational therapists, physiotherapists and psychologists supported by a complement of ancillary staff.

We have suites of consulting rooms, gyms, classrooms, Day rooms and residential accommodation for patients attending the pain management programs. In addition we operate on a day case basis for pain relieving procedures and we use ward and operating facilities as Guys for all the implant/ neuro-modulation surgery.

We have weekly multidisciplinary meetings where we discuss complex cases and formulate their treatment plans, which may involve, neuromodulation, psychology, physiotherapy collectively or singly.

I continue to assess and treat patients with chronic pain and focus on neurmodulation in a multidisciplinary context.

I continue to have yearly appraisals to satisfy the requirements for continued GMC registration and infers a commitment to professional development.

ACADEMIC ACTIVITY

Research

We have a busy research department with research nurses, IT assistants who support the research of the department lead by the Consultants and research fellows.

I was principal investigator for the St Thomas site in a multicentre MRC funded trial looking at the potential use of low dose immunoglobulin in cases of severe Complex Regional Pain Syndrome.

The next planned research will look into the role, if any, of the immunosuppressant drug Mycophenolate in the treatment of Complex regional Pain syndrome.

I have attended seminars on Good Clinical Practice, a requirement for undertaking research at the Trust.

Teaching

For several years I have been lecturing Medical students and have an honorary title of Senior Lecturer with the GKT School of Medicine, University of London.
I lecture postgraduate FFPMRCA students.

As a department we have regular educational meetings in house and organize teaching symposia throughout the year for which I have either a direct responsibility for the scientific program and organization, or a facilitatory one.

I have and continue to demonstrate at Cadaver workshops for teaching interventional pain relieving techniques.

Publications

Pain Clinic Manual First Edition (1996) Eds Dolin S, Pateman J and Padfield N

Total Intravenous Anaesthesia (2000) Ed Padfield N

Pain Clinic Manual 2nd Edition (2004) Eds Dolin S and Padfield N
(awarded a BMA Prize)

LIPS (low dose immunoglobulin treatment for complex regional pain syndrome)
Paper published in the Annals of Internal Medicine 2018

I have been cited as a co-author in numerous publications where I have participated in the research of the department.

I Am currently writing a chapter on 'Investigation In chronic Pain'

OTHER MEDICAL ACTIVITY

I have been and continue to be lead for Clinical Governance for the Pain Management Department within the Trust.

This involves complaint resolution, implementation of NICE guidelines, compliance and registration.

It is linked to audit and Good Clinical Practice

I have been past Treasurer of the Neuromodulation Society of Great Britain and Ireland (NSUKI)

MEDICOLEGAL ACTIVITY

I have undertaken medico-legal work for the last twenty years. I am conversant with the new part 35 civil procedure rules. I accept roughly one hundred new instructions a year. I accept instructions for both claimant and defendant with no preference. I am now only occasionally instructed as a single joint expert. The bulk of the work is personal injury but I am being instructed more frequently now in negligence cases.

In addition to report writing I am now finding myself requested to organise joint conferences between myself and other medical disciplines, and simultaneous consultations with experts appointed by the other side – in an ever diversifying manner.

I have attended educational courses in medicolegal report writing and giving oral evidence in court. I am a member of the UK register of expert witnesses and have had my anonymised reports vetted.

I am a member of the Medico-Legal society.

I have attended an intensive MEDIATION course and passed the course examination.

I have given oral evidence in personal injury and clinical negligence cases for the claimant and defendant in the District, County and High Courts.

I have given oral evidence at an Industrial tribunal.

MISCELLANEOUS

I am registered with ICO reference ZA108097

I am registered for VAT